



All \$30 class fees go to the scholarship fund of St. Patrick Catholic School.
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Tuesday, February 28, 2012

Dream Power: Building a Better Brain

Instructor: Lynne Larson

Your dreams describe what's going in your waking life—and what's happening on an unconscious level. Perception, attitude, response, attachment, behavior, habit, and *the inner gold of your greatest potential*—all of these are described through the images in your dreams. You can learn how to navigate on the two-way street of neural networking. What you learn from your dreams will help you enliven positive energy and neutralize negative energy. And what you learn about energy and the brain will help you be more in touch with your dreams and your higher self. Come learn how to put it all together, dreams, guided imagery, intention and your miracle brain.