

THE JOY OF JULIAN

WEEKEND RETREAT FOR WOMEN AND MEN



*JULIAN OF NORWICH
MODERN MYSTIC*

FEBRUARY 10 – 12, 2012

FRIDAY, 6:00 P.M. – SUNDAY, 2:00 P.M.

PRESENTED BY
LYNNE LARSON

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And then our good Lord opened my spiritual eye,
and showed me my soul in the midst of my heart.
The place which Jesus takes in our soul
he will nevermore vacate,
for in us is his home of homes
and his everlasting dwelling.

Showings, Chapter 68

Meet Julian of Norwich

Born: 1342
Occupation: anchoress, St. Julian's Church, Norwich, England
Name: Unknown
Education: Unknown
Date of Death: Unknown (c. 1416)
Achievements: First Woman to Write in the English Language; Mystic

In May 1373, when she was 30 years old and near death from a grave malady, the woman known as Julian experienced sixteen visions or “showings” of Christ’s passion and the nature of divine love. During this weekend together, we will explore and reflect on Julian’s themes of God’s compassion and love:

- ❖ The Trinity as our source of everlasting empowerment, nurturing and protection
- ❖ our interconnectedness with all creation and our inseparable union with the divine
- ❖ God’s love and delight in us and his wish for our delight and love in him
- ❖ the assurance that all will be well, even in the face of difficulties and despair

*“There can be no doubt that Julian is the
greatest of the English mystics.”*

Thomas Merton



Lynne Larson, M.A., discovered Julian of Norwich while on retreat over twenty years ago and ever since has looked to the *Showings* for spiritual nourishment. Dream interpretation has been her special interest for over thirty years, during which she has studied thousands of dreams. She teaches and conducts dream workshops and works with individuals privately. She also sponsors contemplative prayer retreats and is active in a Virginia Beach centering prayer group. Her website is thejoyofdreaming.com.

Schedule

Our weekend will begin with arrival on Friday evening at XXX p.m., followed by dinner at XXX p.m. The weekend ends at XXXX on Sunday. The weekend schedule will include time for quiet and rest, opportunities for questions and sharing and liturgy.

Cost and Room Arrangements

Directions

Vision Statement

Jubilee House

will be an oasis of spiritual growth and renewal
for people of all faith traditions.

It's serene and pastoral setting lends itself
to the holistic integration of mind, body and spirit
for seekers on the pilgrim path.

Come aside . . . and rest awhile. Mark 6:31

Welcome to Jubilee House

Jubilee House Retreat Center is located in the beautiful highlands of southwest Virginia on the edge of the historic town of Abingdon. Its gentle pastoral setting provides a peaceful environment for those seeking renewal, rejuvenation and reflection. Built in the Jubilee Year 2000 by order of Bishop Walter Sullivan, Jubilee House is owned and operated by the Catholic Diocese of Richmond, but warmly welcomes people of all faith traditions. We are blessed with an extensive local Ecumenical Board working in collaboration with the director to create an atmosphere of hospitality and peacefulness. For more information, view our website at www.jubileeretreat.com or contact us at info@jubileeretreat.org or 276-619-0919.



The Solarium greets you upon your arrival; a lovely space to simply rest in the quiet for a bit among a small carefully selected selection of books and CDs for purchase.

The Meditation Room surrounded by hand painted icons of St Brigid, Mother Teresa and the Last Supper, offers a prayerful setting nestled in a corner of Sullivan Commons for individual, group prayer and/or liturgy around the Celtic Cross.

The Meditation Garden is at the center of our contemplative home with walkways serenely taking you through two patios providing mountain views enhancing your setting for reflection, prayer or conversation. Simply rest in the quiet on one of the benches overlooking Our Lady of Lourdes Grotto or the hills of horses, while relaxing in one of the many rocking chairs waiting for you.

The Cretan Labyrinth is an ancient symbol that relates to wholeness. It combines the imagery of the circle and the spiral into a meandering but purposeful path. The Labyrinth represents a journey to our own center and back again out into the world. Labyrinths have long been used as meditation and prayer tools, we are blessed to have one on our back hill.

Spirit Lodge and Sabbath Lodge provide comfortable overnight accommodations. Each lodge has a small prayer room designed with care to enhance an inner space for quiet reflection and prayer. Each room includes a private bath. Eight rooms are handicapped accessible.

The Dining Room offers meditative views looking out onto the mountains. Every effort and care is taken to prepare healthy, wholefood fresh meals using local bakers, coffee roasters, and farmers.

The Bookstore on site has a variety of Christian books on Prayer, Meditation, Bible Study, Personal Retreats, and many selections on how to nurture your spiritual journey, also various meditative CD's as well as limited cards.

**The Joy of Julian of Norwich Retreat
February 10 – 12, 2012
Registration Form**

Name

Address

City

State

Zip Code

Home Phone

Work Phone

E-mail

Reservations are required. Non-refundable deposit: \$XXX

Amount of check or charge \$_____

Payment By: Check VISA/MasterCard

Credit Card Number

Exp. Date

Name on Card

Signature

I need a handicap-accessible room. _____

I want to request _____ as my roommate.

Please make checks out to: Jubilee House