

**Awakening
The Wisdom of Dreams
Directed by Lynne Larson**

November 1 – 2, 2011
Tuesday, 7:15 pm – Wednesday, 3:00 pm
A Retreat for Women and Men



The Divine Creator formed us as beings who dream with purpose. Through the images and stories of our dreams the Holy Spirit draws us to a closer relationship with God and the special path chosen for each of us. The insight we gain helps us enliven positive energy and neutralize negative energy. By integrating ancient wisdom and Christian tradition with cutting edge brain science, we can navigate the road of spiritual growth and everyday living. We can become more adept in listening to our dreams with basic tools to help us remember, record and reflect. Honoring the gift of dreaming builds a foundation to know ourselves better as well as how we shall serve. Join us as we weave together the many gifts of insight: dreams, journaling, prayer, guided imagery, intention and our miracle brains.

The retreat begins on Tuesday evening at 7:15 p.m. and ends Wednesday afternoon at 3:00 p.m. The suggested offering is \$125 which includes a non-refundable deposit of \$40.00. Reservations are required and may be made by downloading a form at www.dominicanretreat.org, or by calling us at 703-356-4243. Lynne Larson has been attending retreats at Dominican Retreat since 1977 and has directed retreats here on dreams and Julian of Norwich. With over thirty years experience involving thousands of dreams, she teaches classes, conducts dream workshops and works with individuals privately. Her website is www.thejoyofdreaming.com.