

REST ON THE JOURNEY

A Weekend Centering Retreat

Led by

Fr. Bill Sheehan, OMI

April 13 – 15, 2007

Friday, 6:00 p.m. – Sunday, 2:00 p.m.

The Well Retreat Center
18047 Quiet Way
Smithfield, VA 23430-6411

Sponsored by Retreats
Lynne Larson

Father Bill Sheehan, OMI, has broad experience in pastoral ministry as a pastor and in marriage counseling. He also served in the Office of Lay Ministry, Archdiocese of Miami, Florida. He has ministered to clergy as Director of Ministry to Priests, Archdiocese of Miami, Florida, and has served as provincial of the Oblates Eastern America Province as well as Oblate formation director and novice director. Since 1983, Fr. Sheehan has been involved with Contemplative Outreach founded by Fr. Thomas Keating, OCSO. During that time, he has led many Centering Prayer workshops and retreats in different parts of the country and abroad. Recently, Fr. Bill was appointed to the Advisory Board of the quarterly magazine *Human Development*.

About Retreats

An overwhelming response to Fr. Bill Sheehan's centering prayer retreat "Listening and Talking to God" at the Church of the Holy Apostles in Virginia Beach in January 2004 and an unexpected dream led to the establishment of **Retreats**. The day after the Holy Apostles retreat, I had a dream telling me to hold another retreat in August.

After weeks of retreat planning and preparation, I took the dream "retreat" as a rest and recreation metaphor, but why August, several months away? To my surprise, other dreams followed, clarifying that the message was *literal* and to get busy, contact Fr. Bill about another retreat. In August 2004, Fr. Bill led "Surrendering to God" at St. Aidan's Episcopal Church to over 150 spiritual seekers, the first retreat sponsored by Retreats.

In January 2005 Fr. Bill led the second annual retreat at Church of the Holy Apostles, "Common Ground—Listening to God's Voice, Silent and Spoken." Soon many centering prayer practitioners were asking for a weekend overnight retreat on a deeper level. We are fortunate to gather in the Easter season for this special weekend with Fr. Sheehan.

For more information about this retreat, call Lynne Larson at 757-420-3825 or e-mail at llarson24@cox.net.